



## **Breakout! The Power of One**

(USA 2008)

30 minutes

Grade 3-7

### **Summary:**

Breakout! The Power of One focuses on 3 three remarkable Canadian activists who have made a difference in the life of thousands around the world.

This is an inspirational film which focuses on the following themes: Social consciousness, environment, earthquake victims in India, natural and man made disasters, children helping children, women in Afghanistan, child labor.

### **Curriculum links:**

Social, Science, Language

### **Discussions and activities to complete before or after viewing the film:**

1. What age do you have to be to make a difference in the world?
2. What would you do to make a difference to someone?
3. Create a project which will make a difference to someone in your school, neighborhood, city, province or country.
4. Research and create a power-point presentation or written report about a person under the age of 18 who has made a contribution to society.
5. Create a list of 10 places or people that need our help. Explain why they need help and what you would do to help them.
6. Can one person really make a difference?
7. Research social injustice
8. Why and how do natural disasters occur?