



Blindsight

(USA 2008)

104 minutes

Grade 7-12

Summary:

Set against the breathtaking backdrop of the Himalayas, BLIND-SIGHT follows the gripping adventure of six Tibetan teenagers who set out to climb the 23,000-foot Lhakpa Ri on the north side of Mount Everest. The dangerous journey soon becomes a seemingly impossible challenge -- made all the more remarkable by the fact that the teenagers are blind. Believed by many Tibetans to be possessed by demons, the children are shunned by their parents, scorned by their villages and rejected by society. Rescued by Sabriye Tenberken - a blind educator and adventurer who established the first school for the blind in Lhasa, the students invite the famous blind mountain climber Erik Weihenmayer to visit their school after learning about his conquest of Everest. Erik arrives in Lhasa and inspires Sabriye and her students Kyila, Sonam Bhumtso, Tashi, Gyenshen, Dachung and Tenzin to let him lead them higher than they have ever been before. The resulting 3-week journey is beyond anything any of them could have predicted. This is an amazing movie of courage, tolerance, and hope.

Curriculum links:

Health, Language Arts, Art, Social Studies

Discussions and activities to complete before or after viewing the film:

1. How would your life be different if you were blind?
2. What do you think would be some of the obstacles that the Tibetan children had to face on their journey?
3. Would you have the courage to face the obstacles that the Tibetan children faced on their journey?
4. From where does courage come?
5. Where is Tibet and what are some of the Tibetan customs?
6. Write a report about Tibet
7. In order to climb such a high peak one must be in amazing physical shape. How does one train for such an expedition
8. Create a week/month long fitness and eating plan for an athlete. Create a plan for yourself.
9. Create a vision board for yourself.



10. Discuss how their lives would change after this expedition.
11. Do you think one person can make a difference in the world?
12. If you had the chance to change the world, what would you do?